

# fact sheet.

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## Acquired Brain Injury

### Questions to Consider When Selecting a Post-Acute Brain Injury Rehabilitation Treatment Program

Choosing a rehabilitation facility is one of the most important decisions you will have to make in the near future. It is very important to be confident about the quality of care you or a loved one will receive when entering a rehabilitation program.

In general, it is best to compare at least three post-acute brain injury rehabilitation programs to make an informed decision on the best facility for your loved one. Admissions personnel will be able to answer these questions for you.

1. Does the program specialize in post-acute acquired brain injury rehabilitation services or is it just one of the many services offered?

**Success:** YES Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

2. How many CARF Accredited speciality areas of brain injury are offered in the program?

**Success:** 5 Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

2. How many patients has the facility treated with injuries similar to yours?

**Success:** Thousands Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

3. Is the program's admissions team willing to travel to evaluate at no cost?

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

4. Is the post-acute brain injury rehabilitation program integrated with the medical community?

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

5. Are patients able to begin the rehabilitation process on the acquired brain injury unit even if they have significant medical problems?

**Success: NO** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

6. What is the average age of patients in the acquired brain injury rehabilitation program unit?

**Success: 35** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

7. Are patients in the program of the same age and sex as the patient considering admission?

Same age?

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

Same sex?

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

What is the patient to Case Manager ratio in your facility?

**Success: 6:1** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

9. Does the post-acute brain injury rehabilitation program offer a comprehensive continuum of care?

Post-Acute Residential Rehabilitation

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

Post-Acute Outpatient Rehabilitation

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_  
Home and Community Based Services

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

Vocational Services

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

Transition Support Program

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

11. How often and for how long each day do patients get treatment by specialists such as physical, occupational and speech therapists?

**Success: 3-4 hrs Daily** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

12. Are activities planned for patients on weekends and evenings?

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

13. Does your facility have full-time Certified Brain Injury Specialists Trainers (CBIST) clinical educators for staff development and training to ensure that all clinicians are practicing the latest therapeutic interventions?

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

**Therapeutic Modalities**

1. What types of coping and support services are available?

PEER SUPPORT

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

INDIVIDUAL AND GROUP THERAPY

**Success: YES** Facility B:\_\_\_\_\_ Facility C:\_\_\_\_\_

PSYCHOTHERAPY

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

NEUROPSYCHOLOGY

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

FAMILY COUNSELING

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

VOCATIONAL COUNSELING

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

SUBSTANCE MISUSE COUNSELING

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

COGNITIVE REHABILITATION THERAPY (CRT)

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

OCCUPATIONAL THERAPY

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

SPEECH-LANGUAGE PATHOLOGY

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

PHYSICAL THERAPY

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

COGNITIVE TECHNOLOGY SPECIALIST

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

CASE MANAGEMENT

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

NUTRITION COUNSELING

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

PSYCHIATRIC TREATMENT

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

ART THERAPY

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

RECREATIONAL / LEISURE ACTIVITIES

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

COMPREHENSIVE SKILLS TRAINING

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

WELLNESS SERVICE

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

YOGA

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

COOKING AND MENU PREP

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

ACTIVITIES OF DAILY LIVING

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

EQUESTRIAN

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

BEHAVIORAL MANAGEMENT

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

SOCIALIZATION

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

CARDIO GROUP

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

STRENGTH / MOBILITY GROUP

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

COMMUNITY ACTIVITIES

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

**Caregivers**

1. Are caregivers encouraged to participate in rehabilitation?

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

2. To what extent?

**Success: Family education about the injury and caregiving is essential to good outcome for the patient. Caregiver run support groups connect families in the Success Program. Families are encouraged to support home visits by the patients as well as community outings while not in programming.**

FacilityB: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

FacilityC: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

3. Does your facility have a family education program to prepare me for future caregiving responsibilities?

**Success: YES** Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

4. What type of support do you offer for a return home?

**Success: The patient's case manager will coordinate a discharge plan or the patient's departure from the program.**

Facility B: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Facility C: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Outcomes**

1. What percent of patients are working or volunteering in the community with your Vocational Counseling Program?

**Success: 87% of eligible patients.**

Facility B: \_\_\_\_\_

Facility C: \_\_\_\_\_

2. What is your post-acute brain injury program's average functional improvement measure (FIM) score and for patients with acquired brain injuries?

**Success: 22% gain in functional and cognitive improvement that enabled patients to return to work in the community.**

Facility B: \_\_\_\_\_

Facility C: \_\_\_\_\_

### **On-Site Review**

1. Were staff members helpful, timely and friendly when information was requested?

Success: \_\_\_\_\_ Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

2. Were you offered an opportunity to tour the facility?

Success: \_\_\_\_\_ Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

3. What were your impressions of the atmosphere overall?

Success: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Facility B: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Facility C: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Did you have the opportunity to speak with people currently participating in the program?

Success: \_\_\_\_\_ Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

5. Were they satisfied with their rehabilitation programs?

Success: \_\_\_\_\_ Facility B: \_\_\_\_\_ Facility C: \_\_\_\_\_

## **LEARN MORE ABOUT SUCCESS REHABILITATION**

If you would like to learn more about Success Rehabilitation's acquired brain injury program, please contact our Admissions Department at 215-538-3488 or email [sbauman@successrehab.com](mailto:sbauman@successrehab.com). Visit us online at [success.rehab.com](http://success.rehab.com)